WEST NORRITON TOWNSHIP POLICE DEPARTMENT

Subject: Wellness Program	**Policy # 3.7.2**
Accreditation 3.7.2	
Effective Date: September 11, 2008	**Revised Date:**
By Authority Of: Chief A. Dale Mabry	**Signature:**

3.7.2 WELLNESS PROGRAM

A. Wellness is a state of optimum health and well-being achieved through the active pursuit of good health and the removal of barriers to healthy living.

B. Officers have a personal responsibility to their health. There is widespread agreement, for example, about the dangers of smoking and substance abuse, the importance of physical and emotional fitness and the effectiveness of good nutrition. The West Norriton Township Police Department encourages all officers to adopt behaviors that will improve their health.

C. It is the policy of the West Norriton Police Department to provide our personnel with a clean and healthful environment in which to perform their duties. To this end the West Norriton Township Police Department has been made a smoke free facility. The West Norriton Township Police Department has established a smoking policy as outlined in General Order 1.8.1, Section M Smoking