WEST NORRITON TOWNSHIP POLICE DEPARTMENT

Subject: Medical Examinations		Policy # 5.1.45
Accreditation N/A		
Effective Date: January 1, 2008	Revised Date:	
By Authority Of: Chief A. Dale Mabry	Signature: ADMabry	

5.1.45 MEDICAL EXAMINATIONS

A. POLICY

It is the policy of the West Norriton Police Department to evaluate the medical fitness of all its sworn personnel on a regularly scheduled basis. This procedure is used to provide the individual with an objective assessment of his/her basic medical well-being.

B. PURPOSE

Police officers, by the very nature of their employment, have tremendous stress on their bodies due to the physical/emotional exertion, irregular work hours and eating habits, over a period of time this, as well as other factors, takes its toll on the physical structure of the body. By providing this examination the township hopes to insure good health, reduce sick leave and provide quality preventative health care to the individual. Participation by all officers is mandatory.

C. PROCEDURES

1. An examination will be conducted by a physician chosen by the department.

2. Each officer's age will determine the type of test, as well as the frequency this test will be conducted.

3. The basic examination will include, but not be limited to:

   a. A complete physical examination
   b. Cholesterol screening, including HDL/LDL and total cholesterol.
   c. Urinalysis
   d. Snellen chart vision screening with red/green color vision
   e. Hearing screening with tone audiometer
   f. Optional tetanus/diphtheria booster shot, if indicated

4. Testing and age schedule

   a. Officers less than 40 years old:

i. Basic examination
ii. Test conducted every 4 years

b. Officers 40 years and over:

i. Basic examination
ii. Rectal examination including hemocult card
iii. Test conducted every 2 years

c. Officers 50 years and over:

i. Basic examination
ii. Rectal examination including hemocult card
iii. Twelve lead EKG with rhythm strip with interpretation by physician
iv. Test conducted every year

d. Costs associated with the basic test will be paid by the department.
e. Each member shall be notified in writing of the date, time and place of the examination.
f. All results of this examination will be confidential between the physician and the patient.
g. The only notification the physician will make to the police department will be as follows:

i. Physically fit for duty, or
ii. Referred to family physician for further tests.

h. The only exception being in the event the township's or officer's personal physical determines that the officer has contracted an illness or disease that could adversely affect co-workers or the general public, the Chief of Police is to be notified immediately so that proper precautions can be taken.
i. In the event the township physician recommends further tests, the officer will seek treatment from his personal physician until that physician recommended treatment is concluded.
j. In the event the officer's personal physician recommends a leave of absence from duty that will exceed the allotted yearly sick leave, the township has the option of having their physician conduct verifying tests before either granting/denying said leave.
k. Nothing in this Police Manual shall prevent the department from ordering employees to submit to tests as outlined in other sections of this manual.